



Bleak House Centre
A Centre for promoting
active living, education and
social activities.

New Activities at Bleak House

Bleak House Centre is pleased to announce new opportunities for adults of all ages to learn and try out new skills.



All activities will take place at Bleak House, 1637 Main Street, Winnipeg.

Classes will be taught by experienced instructors, and all tools, equipment and materials will be provided.

These activities are being offered at **INTRODUCTORY PRICES***.

Space is limited; register early so you won't be disappointed.

REGISTER in person at **BLEAK HOUSE CENTRE** 637 Main Street, Winnipeg, or call 204-338-4723.

Registrations will be confirmed upon receipt of payment.



Annual membership fee: \$15.00

*With financial support from the Government of Canada's New Horizons for Seniors program.

Wood Carving

Carve a Wood Spirit

According to the instructor, Wood Spirits "bring gentle wisdom, humour and luck into your home."



2 Wednesdays – 9:30am to 1:30pm
March 6 & 13, 2013



New woodcarvers welcome, no experience required. Tools and materials provided.

Members \$10; Non-members \$20
(Includes tools & materials)

Introduction to Digital Photography

Topics include:

- Digital camera basics
- The art of photography - elements of composition
- Organizing and editing digital images using Picasa



Each class will include a chance to take photos, view them on a laptop computer or large projection screen, and discuss them in class.

4 Mondays – 1:30 to 4:00pm
March 18 to April 8, 2013

Members \$20; Non-members \$40.

Computer Graphics Using Microsoft Word



Make eye-catching cards, posters and newsletters using built-in features in Microsoft Word. Add clip-art, photos, pictures from the internet, text boxes, shapes and borders to your document. Edit images. Create special effects using **Word Art**.

3 Mondays – 9:30am to noon
March 18 to April 1, 2013

Members \$15; Non-members \$30

Make Movies Using Microsoft Movie Maker



Create your own digital movies using Microsoft Movie Maker to animate your digital photographs (pan, zoom, dissolve), add text and music, and create a video that can be played on a computer or tv.

4 Wednesdays – 1:00 to 3:30pm
March 27 to April 17, 2013

Members \$20; Non-members \$40.

East Indian Cooking Class

Cooking instructor Manju Lodha is a visual artist, poet and author, as well as an artist in the kitchen. In this hands-on class Manju will teach students to prepare spices and cook a traditional Indian vegetarian meal.



The Menu: paratha (flat bread), dal (lentils), baked koftas (zucchini and ricotta cheese patties), curried cauliflower, raita (yoghurt), rice, kheer (rice pudding), and chai tea.

Wednesday, March 20, 2013
9:30am to 12:30pm

Members \$10; Non-members \$15.



Bleak House Centre operates as a non-profit charitable organization hosting a variety of activities for adults and seniors. It is a great home away from home for old and new friends alike who come together in a small group setting.

